

Free Assessments for Exploring Personality, Interests, Majors, & Careers

(These tests have not been fully evaluated for reliability and validity.

Students are encouraged to see a counselor to discuss their results.)

Texas State Career Services * LBJ Student Center, 5-7.1 * 512.245.2645

TEST NAME	ITEMS/ TIME	MEASURES	ADDITIONAL INFORMATION	Website
O*Net Interest Profiler	180 items 1-1.5 hours	Interest, Career	The O*Net Interest Profiler helps you find out what your interests are and how they relate to the world of work. It does this by asking you to respond to statements that represent important interest areas. Your Interest Profiler scores will help you identify your strongest work-related interests.	www.workforceexplorer.com/cgi/career/?PAGEID=3
Holland Occupational Themes	100 items 1 hour	Interest, Career	Based on the theory of John Holland, Ph.D., people with the same or similar interests are often found in the same work environments. To discover the work environments suited to your interests, abilities and personality, consider the following categories/themes.	http://jobs.esc.state.nc.us/soicc/planning/c1a.htm
Jung Typology Test	72 items 20-30 min.	Personality	This test is based on the Jung-Myers-Briggs typological approach to personality. It is similar to the MBTI, one of the most widely used personality-typing instruments presently in use. According to the typology, all people can be classified using four criteria.	www.humanmetrics.com/cgi-win/JTypes1.htm
Work Interest Quiz	60 items 20-30 min.	Interest, Career	To make a good decision about a future career, it helps to know what type of work you enjoy doing. Should I go to college or look for a job? If I try to find a jobs, what kind of job should it be? How do I find what jobs are best for me?	www.myfuture.com/toolbox/workinterest.html

For more information about these assessments and our many other career services, please come by our office, Room 7.1 on the fifth floor of the LBJ Student Center, or call 512.245.2645.

www.careerservices.txstate.edu